

# The Fundamentals of Time Management

**You want to enhance your time management skills to get more done in less time – even when time is tight and pressure is high?**

**On completion of this training, you'll walk away with:**

- An understanding of what time management is
- An appreciation of how important time management skills are in your professional and personal development
- Practical Time Management techniques to help you organize and prioritise your tasks

**This seminar is for you if:**

You want to enhance your time management skills, to improve efficiency, to reduce stress and balance professional and personal responsibilities.



## PwC's Academy Cyprus

### Date and time

11 February 2025 (Limassol)  
12 February 2025 (Nicosia)

9:00 - 12:00  
(3 CPD units)

### Location

PwC Limassol Office  
PwC Central, Business Suites, Nicosia

### Facilitator

**Eleni Anthimou**  
*Learning Senior Consultant, PwC's Academy*

**Fee**  
€100 (+VAT)

**Registration**  
Follow [this link](#) to register

# Eleni Anthimou

*Learning Senior Consultant, PwC's Academy*



Eleni is Learning Senior Consultant at PwC's Academy and part of the team for the past 13 years. She holds a BSc in Political Science with a Minor in Sociology from the University of Cyprus, and an MBA from the European University Cyprus. Before joining PwC's Academy, she worked in several other organisations such as CYTA, Zorbas and Cyprus College, gaining valuable experience in her various positions.

She is an enthusiastic trainer, delivering seminars for personal and professional development both to clients as well as PwC personnel. Examples of seminars include "Communication skills", "Personal branding", "Time Management" and "Presentation design skills".

Eleni has extensive experience in Learning & Development. Her areas of expertise include the design, planning, organisation and delivery of learning, business skills seminars and evaluation analysis.

She is in the process of becoming an approved trainer from the Cyprus Human Resource Development Authority (Cy-HRDA).