

Diploma for Professional Coaches and Mentors



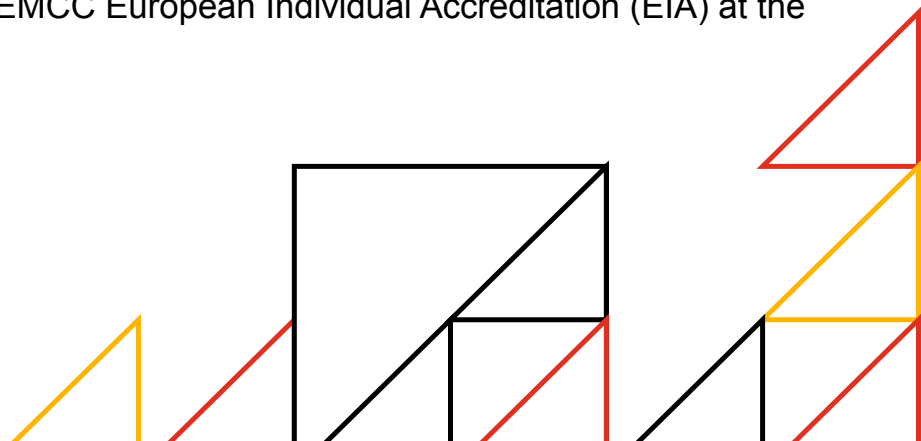
Elevate your coaching
and mentoring skills.
Obtain professional
practice accreditations.

Join us

PwC's Academy, in collaboration with Bluesky International (BI), is offering the Diploma for Professional Coaches and Mentors for the eighth consecutive time.


The aim of the programme is to provide participants with the theory, practice, toolbox, information, support and learning material to build coaching skills with a business focus. It is accredited with the European Quality Award (EQA) of the European Mentoring and Coaching Council (EMCC) and is one of the first programmes in Europe with the integrated individual coaching accreditation process (EIA).

The successful programme graduates will be awarded the Bluesky International EQA (BI EQA) programme certificate and the EMCC European Individual Accreditation (EIA) at the Practitioner Level.





Our approach to coaching



Coaching is about a **systemic approach** with the Client, having in mind their working environment, business challenges, level of motivation, values and expected results.

The key to effective work is **building a relationship grounded in trust**, while adhering to the Global Code of Ethics and acting for the benefit of the Client and their stakeholders.

Conscious acceptance and understanding of the Client's needs and development goals.

The coach knows the Clients themselves are the best source of inspiration and solutions, which they reach in the course of the coaching sessions.

A coaching relationship ensures confidential Client oriented cooperation, so that the Clients can fulfill their own vision of success.

Who is it for

Those who want a more thorough grounding in coaching methodology and general improvement of their coaching skills:

- ❑ **HR Directors** and/or **Training/Organisational Development Consultants** who wish to expand their knowledge and skills.
- ❑ **Psychologists** and **Occupational Psychologists** specialising in assessment/development who wish to enhance their coaching capacity.
- ❑ **Line Managers** who wish to coach more effectively as part of their management and leadership style.
- ❑ **Retiring executives** who wish to add Executive Coaching to their portfolio of consultancy activities or to make it their main offering.
- ❑ **Aspiring coaches** from a related professional background such as counseling, psychotherapy, teaching, business psychology etc.

The programme is addressed mainly to those who are interested in obtaining formal, internationally recognised coaching credentials.

Programme details

Duration	10 months	
Workshop days	A combination of physical or virtual workshops over a 7 month period	
Workshop dates & time (GMT+2) Delivery <ul style="list-style-type: none">• F2F: Face to Face• Online	Module 1 (F2F): Module 2 (F2F) Module 3 (online) Module 4 (F2F)	11 & 14 April 2025 (9:00 - 17:30) 24 & 25 June 2025 (9:00 - 17:30) 6 & 7 October 2025 (14:00 - 17:30) 24 & 25 November 2025 (9:00 - 13:30) 27 November 2025 (9:00 - 14:00)
Time commitment:	On average 20 hours per month (module attendance, coaching practice, reading, reflection, recording)	
Accreditation and completion of EMCC Global EIA criteria:	EMCC Practitioner Level (awarded upon successful completion of the programme)	
Enrolment requirements:	<ul style="list-style-type: none">• Fluency in English• 2 years and 2 months of coaching or mentoring experience prior to joining the programme. This includes a minimum of 70 hours of paid, pro bono, organisational coaching or mentoring experience.• Prior to your enrolment, you will have a short meeting with one of the facilitators for a better understanding on your background and the programme.	
Fees: The fee includes the cost of the EMCC EIA accreditation process and assessment.	Participation fee: €4.100 (+VAT) Early bird fee: €3.600 (+VAT) for enrollments by 21 March 2025 Registration Deadline: 31 March 2025	



Programme structure and format

The Diploma for Professional Coaches and Mentors is a comprehensive programme and consists of:

- A combination of physical or virtual workshops
- 2,5 hour final assessment through observed sessions for the final programme sign off
- One hour individual coaching supervision session with a professional coaching supervisor
- Sixty hours of coaching practice (approximately 30 hours during the workshop delivery and 30 hours in the workplace | independent practice)
- Active work in small groups
- MasterMind Groups
- Observed coaching sessions with accredited EMCC coaches
- Individual study and reflection learning
- Individual guidance and support in completing the BI EQA portfolio for the programme certificate and fulfilling the criteria for the EMCC EIA accreditation

Assessments and Workload

The emphasis throughout the programme is on the practical application of knowledge.

Assessments include:

- Reflective practice assessment and portfolio assessment
- Practice assessment (an observed session of coaching practice on Module 4)
- EMCC competency self-assessment

The total workload during the programme is estimated to be 200 hours in a 10-month period.

Accreditation

Upon successful completion of the programme, including assessment of practice and portfolio, and meeting the EMCC EIA criteria, participants will be awarded the following:

1. BI EQA Diploma for Professional Coaches and Mentors
2. EMCC EIA Practitioner certificate (the application process to the EMCC will be performed by BI on your behalf).

Benefits

Through this programme, the participants will gain:

A sound understanding of the theory and practice of coaching.

- Highly developed self-awareness and awareness of personal impact on clients.
- Competence and confidence using advanced coaching capabilities in a business environment.
- An integrative understanding of their own unique approach to coaching – putting their “signature” on their coaching practice.
- A close network of coaches who will have journeyed alongside each other on the course – for support and learning and connection with graduate alumni.
- A globally recognised coaching accreditation.



Workshop's key themes

Module 1

- Introduction to the programme
- Introduction by facilitators and participants
- Definitions of coaching and mentoring
- Coaching / mentoring continuum
- Creating MasterMind Groups
- Key competences for coaching and mentoring
- Enabling insight and learning
 - Levels of listening and the use of silence
 - Questioning skills
- Managing the contract: Boundaries for working safely (Global Code of Ethics)
- Preparing for the coaching conversation and approach to working with the client, including creating the environment for coaching
- Use of models and techniques: Coaching models
- Coaching demonstrations and practice sessions
- Reflective practice
- Coaching typologies
- Envisioning your 'future perfect' as a coach

Module 2

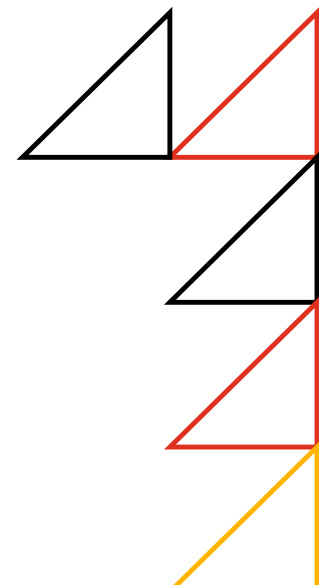
- Key competences for coaching and mentoring (continued from Module 1)
- Enabling insight and learning
 - Whose agenda?
 - Learning styles and use of reflection to learn
- Understanding self
 - Values, beliefs and attitudes
 - Your impact on others and self-management
 - How people learn and develop
- Building the relationship
 - Rapport building
 - Language and communication style
 - Empathy and trust
 - Managing own and others' emotions
 - Encouraging independence
- Outcome and action orientation and evaluating
 - Goal setting and success criteria



Module 3

- Approaches to enrich coaching practice (choice of one session from this list):
 - Career coaching | mentoring
 - Leadership coaching | mentoring
 - Tomorrow's World of Work: The role for coaching | mentoring
 - Why and how Supervision enhances your practice
 - Time to think based on Nancy Kline's coaching framework
 - Involvement in Climate Change: What is the coach's responsibility?

Module 4

- Observed practice session: Opportunity to showcase your practice for the final programme sign off
 - Coaching in management and leadership
 - Models and strategies for leadership / people development
 - Working with diversity and culture in business
 - Business benefits of coaching and measuring success
 - Developing and sustaining a coaching culture in an organisation
 - Ongoing CPD and supervision
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Criteria for gaining EIA

EIA Criteria in addition to Programme Portfolio to be completed within 10 months of programme start date:

- Previous experience and practice (up to 70 hours is sufficient) before starting the programme can be included for EIA purposes with appropriate confirmation of practice start date as a coach or mentor and number of practice hours. Examples of confirmation include an email or invoice from an individual client or 'sign off' of practice by a senior member of staff for organisational practice hours
- 100 hours of coaching / mentoring since the start of your practice (pro bono and paid coaching | mentoring)
- 10 clients since the start of your practice
- CPD of 16 hours in the 12 months preceding your EIA application
- 1 hour supervision for each quarter of practice ie 4 hours of supervision in the 12 months preceding your EIA application.
- Membership of EMCC Cyprus that automatically gives membership of EMCC Global with 26 affiliated countries worldwide and two regions - Asia Pacific and Latin America

Programme facilitators and coach supervisors:



Dr Lise Lewis CFCIPD MBA

Lise has a Doctorate in Executive Coaching and is an EMCC EIA accredited Master Coach and ESIA Coach Supervisor. She is the past President of EMCC Global (2011- 2017) and currently EMCC Global Special Ambassador. Her contributions to the coaching profession include a number of key roles such as contributing to the creation of the EMCC accreditations for professional practice in coaching, mentoring + supervision, Founder of the Global Mentoring and Coaching Alliance (AC, EMCC, ICF). Honorary member of Association of Coach Supervisors and Association of Professional Executive Coaches and Supervisors.

Lise has extensive experience in executive and team coaching as well as developing and delivering accredited coaching, mentoring and coach supervision programmes. Lise works mainly with senior business people wishing to grow and improve their relational effectiveness as a leader and capability in team leadership. Client list includes, among many others, AOL, BBC, ARAMCO, Brabantia, British Transport Police, EDF, Euroclear, Home Office, NHS, PricewaterhouseCoopers, Sony, West Yorkshire Police.

Lise's book entitled Relational Leadership: Why Feedback Fails and How to Make it Meaningful was published in February 2020. A companion text of feedback case studies is due for publication in 2023. Lise is a popular international keynote speaker, presenter and author of articles for coaching publications on a diverse range of coaching, mentoring and supervision related topics.



Marilena Shakalli Maroudia

Marilena is the Director and Founder of M-Brace Ltd, a company dedicated to delivering toptier leadership training, coaching, and coaching supervision services. Previously, she served as the Client Learning Lead at PwC's Academy Cyprus for 13 years.

Marilena holds a BSc in Management Sciences from the London School of Economics (LSE). She is a Fellow Chartered Accountant (FCA) and a member of the Institute of Chartered Accountants in England and Wales (ICAEW). An accomplished trainer, certified by the Cyprus Human Resource Development Authority (Cy-HRDA), she specialises in Business Skills as well as Financial Accounting and Reporting. Marilena is also an Accredited Coach and Mentor at the Senior Practitioner level under the European Mentoring and Coaching Council (EMCC). She focuses primarily on Executive, Leadership, and Skills coaching and is proud to be the first EMCC Global Accredited Coach and Mentor Supervisor in Cyprus.

Marilena spent eight years living and working in London, where she qualified as a Chartered Accountant and launched her career as a trainer with Kaplan Inc. With over 22 years of experience, she has delivered seminars across the globe, immersing herself in diverse cultures and environments. This global exposure allows her to bring a rich multicultural perspective to her training and coaching sessions.

In her free time, Marilena enjoys street photography. She often incorporates her own photos into her presentation decks, training and coaching exercises, adding a personal touch and a story behind every image.



Nicoletta Psyllidou

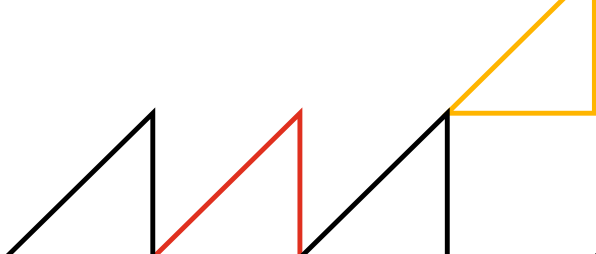
Nicoletta is a Director and Head of Workforce Consulting services in the Advisory department of PwC Cyprus. She joined PwC Cyprus after spending nearly 7 years with PwC UK specialising in the assessment and measurement of organisational culture and behaviours and change management in the public and private sector.

Her capabilities include business transformation from strategy to execution with a focus on Workforce (HR) elements, such as organisational structure, job descriptions, capacity planning, talent acquisition, skills and competencies assessment and development, performance and reward management and employee/team engagement.

She is an experienced facilitator in strategy and team effectiveness workshops, an accredited Executive Coach by the European Mentoring and Coaching Council (EMCC) and responsible for the design and delivery of learning interventions in the areas of leadership, management, personal and team effectiveness and team building for a number of public and private organisations. She also experienced as a consultant in Development Centres.

She has worked with clients in diverse industries in the UK, Cyprus, Germany and Italy, in the public sector and the private sector, banking, hospitality and leisure, telecommunications, technology and shipping.

Nicoletta holds a BSc in Psychology from the University of York, UK (2008), and a MPhil in Management from the University of Cambridge, UK (2009). She is a Chartered Accountant and member of the Institute of Chartered Accountants in England and Wales (ICAEW) and the Institute of Certified Public Accountants of Cyprus (ICPAC). She is also an approved Human Resource Development Authority (Cy-HRDA) trainer.



For more information and registration please contact:

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To register click [here](#)

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