# Building stronger connections with Emotional Intelligence and Empathy

Emotional intelligence is the cornerstone of effective communication, strong relationships, and professional growth. This course empowers you with the foundational principles of Emotional Intelligence and an exploration of its four core skills, with a special focus on empathy.

#### On completion of this training, you'll walk away with:

- An understanding of Emotional Intelligence
- An appreciation of how important Emotional Intelligence is in your professional and personal development
- The ability to explain the four core skills underlying Emotional Intelligence
- Insight into empathy, its role in enhancing connections, and ways to cultivate it
- Personal insights gained through self-reflection

#### This seminar is for you if:

This seminar is for you if you want to enhance your interpersonal skills by harnessing the power of emotional intelligence and cultivating empathy to forge deeper connections.



### PwC's Academy Cyprus

#### Date and time

18 June 2025 or 2 July 2025

9:00 - 13:00 (4 CPD units)

#### Location

PwC Central, Business Suites, Nicosia

#### **Facilitators**

#### Eleni Georgiou

People Learning Experience Lead, PwC's Academy

#### Eleni Anthimou

Learning Senior Consultant, PwC's Academy

#### Fee

€125 (+VAT)

#### Registration

Follow this link to register

# Eleni Georgiou

People Learning Experience Lead, PwC's Academy



\_ pwc Eleni is the People Learning Experience Lead in PwC's Academy.

She holds a BSc in Accounting and Finance from the University of Warwick and is a member of The Institute of Chartered Accountants in England and Wales (ICAEW) and The Institute of Public Accountants in Cyprus (ICPAC). She began her career in PwC Cyprus in the Audit & Assurance department for 6 years, before changing paths and joining the Academy due to her passion for learning and sharing knowledge.

Eleni has extensive experience in Learning & Development and her areas of expertise include the design, planning, organisation and delivery of training programs as well as learning strategy, training needs analysis and consultation, curriculum design, evaluation analysis, learning technologies and instructional design.

As an approved trainer by the Cyprus Human Resource Development Authority (HRDA), she is an enthusiastic trainer delivering business skills seminars such as "Train the Trainer" and "Presenting with impact". She also delivers seminars for personal and professional development such as "Developing your Emotional Intelligence", "Coaching and Feedback", "Building trusted relationships" and "Developing your personal identity and brand".

Making a positive impact and supporting others to grow, gives Eleni purpose. For this reason she is also an Accredited Coach and Mentor under the European Mentoring and Coaching Council (EMCC), mainly involved in executive and career coaching.

## Eleni Anthimou

Learning Senior Consultant, PwC's Academy



\_ pwc Eleni is Learning Senior Consultant at PwC's Academy and part of the team for the past 13 years. She holds a BSc in Political Science with a Minor in Sociology from the University of Cyprus, and an MBA from the European University Cyprus. Before joining PwC's Academy, she worked in several other organisations such as CYTA, Zorbas and Cyprus College, gaining valuable experience in her various positions.

She is an enthusiastic trainer, delivering seminars for personal and professional development both to clients as well as PwC personnel. Examples of seminars include "Communication skills", "Personal branding", "Time Management" and "Presentation design skills".

Eleni has extensive experience in Learning & Development. Her areas of expertise include the design, planning, organisation and delivery of learning, business skills seminars and evaluation analysis.

She is in the process of becoming an approved trainer from the Cyprus Human Resource Development Authority (Cy-HRDA).